


# Our Simply Wild LUNCH MENU



Call Today  
Phone: 405-751-0688  
Fax: 405-751-7721  
Please Place Orders at least  
24 - 48 hours in advance

Lunch Menu Available

10:00 till 3:00

Monday Thru Friday

Full Menu Available Anytime

Visit

[WWW.RUNNINGWILDCATERING.COM](http://WWW.RUNNINGWILDCATERING.COM)

# Running Wild Catering



## SANDWICHES & WRAPS

### BOX LUNCH \$8.45

Individually Labeled & Packaged

**Includes:** Sandwich or Wrap (Choice of Meat) with Lettuce and Cheese. One Cold Side or Bag of Chips, and Cookie or Brownie.

### THE BASICS \$8.45

We pre-make these sandwiches on White and Wheat breads and cut them in half. They are arranged decoratively on trays. Each sandwich is piled high with Smoked Turkey, Pit Ham, or Lean Roast Beef. A variety of Cheeses. Lettuce, Tomatoes, and Pickles will be trayed on the side.

**Includes:** Choice of Salad or Cold Side, and Cookies or Brownies

### BUILD YOUR OWN \$8.45

### SANDWICH BAR

With this option we tray each item separately so that your guests can literally "Build Their Own" sandwiches. Smoked Turkey, Pit Ham, and Roast Beef will be shaved on a tray along with a variety of Cheeses. Lettuce, Tomatoes, Pickles will be on a separate tray.

**Includes:** Choice of Salad or Cold Side, and Cookies or Brownies.

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## SIMPLY WILD LUNCHES

### WILD ONE \$6.25

**Chopped BBQ Sandwich** (Chopped Beef or Pulled Pork on buns) *Choice of One Side Item and Dessert*

### WILD TWO \$7.75

*Choice of one Side Item, Bread, Dessert*

**Chicken Breast** (Grilled, Italian, Sweet & Sour, or Blackened)

**Sliced Roast Beef** (Inside Round of Beef slow cooked to tender served with a Natural Gravy)

**Tilapia** (Blackened, Baked, Parmesan Crusted)

**Taco Bar** (Seasoned Ground Beef or Chicken served with two Taco Shells and Chips & Salsa)

**Kings Ranch Chicken** (A classic casserole of Diced Chicken, Onion, Green Pepper, Corn Tortillas and Cheese in a Creamy Sauce)

**Mexican Beef** Casserole (Layers of Corn Tortillas, seasoned Ground Beef, and Cheddar Cheese baked to perfection)

### WILD THREE \$8.25

*Choice of One Side Item, Bread, Dessert*

**Pecan Crusted Chicken Breast** (Our Chicken Breast is marinated and coated with a Pecan Crust and baked in the oven) Very moist and tender.

**Orange Glazed Chicken Breast** (Chicken Breast grilled and glazed with a Buttery Orange Glaze)

### WILD FOUR \$8.95

*Choice of one Side Item, Bread, Dessert*

**Lasagna** (Beef, Chicken, Vegetable) Meat Lasagna with a Rich marinara. Chicken Lasagna or Vegetable Lasagna with a Rich Cream Sauce.

**Spaghetti w/ Meat Sauce** (Spaghetti Pasta with a rich Meaty Marinara Sauce)

**Grilled Chicken Alfredo** (Fettuccini Pasta with rich Alfredo Sauce and Grilled Chicken)

# SIMPLY WILD LUNCHEs

## WILD Five \$9.75

*Choice of Two Side Items, Bread, Dessert*

**Roasted Turkey** (Baked Whole Turkey. Served carved unless otherwise specified)

**Baked Ham w/ Peach Mango Salsa** (Pit Ham sliced and baked with our Peach Mango Salsa)

**Mom's Pot Roast** (Slow cooked Pot Roast with Carrots, Celery, Onions. Served with Brown Gravy)

*Choice of One Side Item, Bread, Dessert*

**Burgundy Beef Tips** (We slow cook Sirloin Tips in a rich Burgundy Sauce then toss them with Egg Noodles)

## WILD SIX \$11.95

**Sliced Brisket** (Beef Brisket slow smoked with Hickory in our smokers) *Choice of Two Side Item, Bread, Dessert*

**Fajitas** (Beef or Chicken) (Choice of Beef, Chicken, or Combination with Green and Red Peppers and Onions. Served with Shredded Cheese, Sour Cream, Flour Tortillas, and Pico de Gallo) Chips and Salsa included. *Choice of Two Side Items, Dessert.* Guacamole and Queso are additional.

## JOHNNIE'S CHARCOAL BROTHER HAMBURGERS

**\$8.95**

**Hamburgers** served with Lettuce, Tomato, Pickles, Onions, Cheese, Mustard, and Mayo. *Includes One Side Item and Dessert.* Substitute Veggie Burger no additional charge.

Grilled Chicken Sandwiches are \$0.50 more

Add Hot Dog's \$3.00 each

Chili & Shredded Cheese are \$1.50 per serving

## GRILL ON Site \$11.95

Having a corporate picnic or backyard BBQ? Let us bring the Grills and Cook on site for you. We use real charcoal and cook to order. Grill on Sites are limited to groups of 50 or more.

Includes Burger, One Side, Dessert, Drink, Service Staff, Grill and Cook. (metro area only - outside the OKC metro area delivery charges may apply)

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**All items are drop off disposable.** All meals include plates, napkins, utensils, serving utensils, all necessary condiments, cups, and ice. Real china and linens available for an additional charge. Chafers are available for an additional charge.

**Delivery or Pickup  
for the Lunch Menu**

Monday-Friday

10:00am—3:00pm

Each order is subject to a minimum \$10.00 delivery charge depending on your delivery zone. Contact our office to determine the charge that would apply to your area.

**All prices subject to change  
without notice.**

## SALADS, Sides, & Desserts

SALADS & Sides \$1.95

Bread & Dessert \$1.10

### Salads w/ Dressings

Classic Caesar Salad

Mixed Green Salad

### Cold Salads

Italian Pasta Salad

Caesar Pasta Salad

Southwest Pasta Salad

Creamy Cole Slaw

Southern Potato Salad

### Side Items

Italian Green Beans

Buttered Corn

Apricot Glazed Carrots

Steamed Broccoli

Pinto Beans

Black Beans

Green Chile Corn

Cranberry Sauce

Chips

Herb Roasted Potatoes

Garlic Mashed Potatoes

Pasta

Classic Mashed Potatoes

Sweet Potatoes (Grilled, Mashed, Baked)

Rice (Garden Blend, Mexican, Steamed, Pilaf, Fried)

Dressing (Cornbread or Apple Pecan)

### Breads

Soft Dinner Roll

Crusty Dinner Roll

Cornbread Muffins

Breadsticks

Garlic Parmesan Bread

### Desserts

Cookies

Brownies

Lemon Squares

### Drinks

**\$1.00 per Guest**

Tea

Lemonade

Pink Lemonade

Water

Coffee